

Aiden & Adrian's Journey into the Kitchen!

~ Buckwheat Pancakes ~

Alex & Ashlie Chinchilla
Illustrated by Ioana Vladoiu

Illustrated Children's Cookbook

978-1-7372997-0-7 (Hardback) – \$19.99 LCCN: 2021942431

978-1-7372997-1-4 (Ebook) – \$9.99

24 Full Color Pages with Illustrations, 8.5 x 8.5, Original Recipe included

Distribution: Baker & Taylor, Brodart, Ingram and all wholesalers

THE BOOK: FUN COOKING BUCKWHEAT PANCAKES FOR KIDS

The illustrated story about how we taught our two young children to cook one of their favorite foods – buckwheat pancakes. The book shows the fun steps in a healthy cooking process and teaches kitchen safety as well. We explain how to carefully source ingredients, prepare slowly with love and nourish our family every day. Home cooking is better and cheaper than always eating out and cooking at home can be wholesome, fun and delicious. **Our original Buckwheat Pancake Recipe is included.**

THE AUTHORS: Ashlie and Alex Chinchilla began eating healthy home cooked meals when their first child, Aiden was born. Before that they would eat out at restaurants and began receiving poor health reports from their doctor (including pre-diabetes). With the help of a naturopath specialist, they developed a wholesome organic meal plan and learned the benefits of eating nutritious organic food. Now, they create their own recipes and enjoy original home cooked meals. Through the “*Aiden & Adrian's Journey into the Kitchen*” book series, they want to share their experiences with other families about how to make home cooked meals healthy, fun and delicious.

ORDERING INFORMATION: Available through Baker & Taylor, Brodart, Ingram and all wholesalers, and on-line or from your favorite book dealer.

Chinchilla Publishing Company • Phone: (713) 469-1515
P.O. Box 5916, Pasadena, TX 77508-5916
Info@ChinchillaPublishing.com • www.ChinchillaPublishing.com